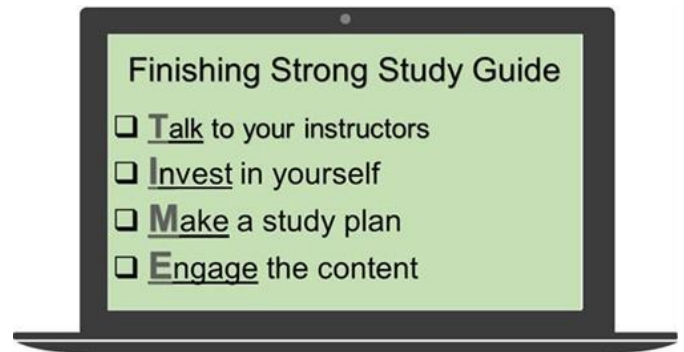


## Finishing Strong

Final exams are approaching and it is important to finish strong. There are some simple strategies to help you cross the finish line successfully. You can remember the acronym, "TIME" as a way to help you prepare for your final exams.



- ***Talk to your instructors:*** If you are unsure about a certain topic, project, assignment, etc., then communicate with your instructor ASAP. Don't wait until the night before your final exam to ask questions. Also, reach out to your teacher with any questions after you have reviewed StudentVUE for your official course grades.
- ***Invest in yourself:*** Invest in taking care of yourself. Get plenty of rest, eat well, and take time to do something you enjoy.
- ***Make a study plan:*** Let me repeat this one: Make a study plan. Decide ahead of time when, where, and how long you will study. Put together a plan that spreads out your study time over several days/weeks. I know the thought of cramming for your finals is appealing, but research from UCLA suggests cramming does not result in academic success.
- ***Engage the content:*** Spend time reviewing the course content especially any challenging units or lessons. Review your notes, study guides, course videos, etc.